

*TLC Springwater's*  
**Water News Bulletin**  
*Brought to You with Tender Loving Care*



**TLC Springwater Supports its Local Communities**

TLC Springwater believes in giving back to local communities. We show our appreciation for our customers by not only providing top-notch bottled water products and delivery service, but also throughout the communities we serve by sponsoring special events in our neighborhood and participating in charitable events.

In March, for the 3rd consecutive year, TLC Springwater sponsored the American Lung Association (ALA) in the 2012 Fight for Air Climb. The Fight for Air Climb is a unique event in which individuals and teams race, run or walk up 804 steps to the top of the Terminal Tower in downtown Cleveland, Ohio in support of finding a cure for lung diseases. In addition, Fire Departments from the Ohio region also took part in the firefighter competition, climbing the same 42 floors in full head-to-toe gear. The proceeds of the race help the ALA fund research to treat and cure various lung diseases.

During the event, TLC Springwater provided bottled water to all walkers/runners making the climb. "TLC Springwater is proud to sponsor the American Lung Association's 2012 Fight for Air Climb. We believe in making a contribution socially and economically in the communities we serve and encourage our employees, families, friends and customers to do the same," said Kazell Pugh, TLC President. "On March 3, the TLC Team joined thousands of walkers and runners in taking 804 vertical steps to raise awareness for the 37 million Americans who suffer from lung disease."

In addition, in February, TLC Springwater partnered with Mt. Zion Oakwood Village to sponsor the 2012 District Martin Luther King Jr.

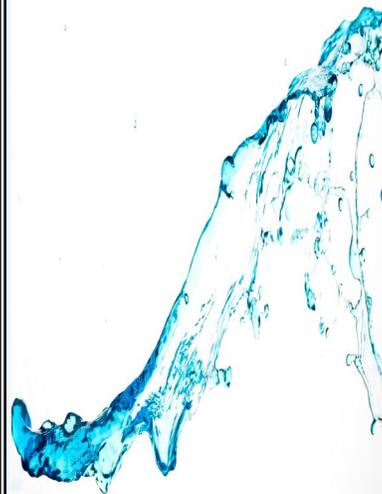
Oratorical Contest. More than 50 students in Cuyahoga County delivered speeches on the legacy of Dr. King to a panel of judges and audience members.

This year 12 students, in four categories, were recognized as finalists and will advance to the State-wide Oratorical Contest on April 18, to represent Cuyahoga County at the Kings Art Complex in Columbus, Ohio.

For additional details on the Statewide event, visit [Department of Administrative Services > Divisions > Equal Opportunity > Martin Luther King, Jr. Holiday Commission > MLK Statewide Oratorical Contest](#).

To view photos from the 2012 Fight for Air Climb, visit TLC's Flickr photo site at [www.flickr.com/photos/tlcspringwater/](http://www.flickr.com/photos/tlcspringwater/).

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Team Prana, just one of the many teams participating in the 2012 Fight for Air Climb.



The TLC-hydrated Beachwood Fire Department.

### The Water You Drink

Does the simple act of turning on your faucet provoke thought or worry that your tap water is safe? Do you question if your family should drink it or if you need to be concerned? Twenty-five years ago, we didn't even give these types of questions a second thought, but with today's understanding of our environment and the importance of clean water, we are making better choices about our health and safety when it comes to the water we drink.

So if your preference is tap over the convenience and taste of bottled water, how can you ensure it is safe for you and your family? Most community water suppliers deliver high quality drinking water to millions of Americans every day. Despite many of the myths about tap water safety, the Environmental Protection Agency's (EPA) regulation of the public water supply is extensive, well enforced and frequently tested. Your local supplier is even required to inform you within 24 hours if the tested water does not meet EPA standards.



The EPA regulates the community water systems that supply drinking water to most Americans. Every community water system is required to publish a yearly "consumer confidence report" detailing contaminants or violations of water quality standards. These reports enable American's to make knowledgeable decisions about the water they drink. For more information on your local drinking water or to view the Annual Drinking Water Quality Report for your area, visit

<http://water.epa.gov/drink/local/>.

If you are one of the 15% of Americans that rely on your own private water well, the EPA does not have the authority to regulate the quality of the water. It is the responsibility of the homeowner to take precautions to ensure protection of private drinking water sup-

plies. If your water comes from your own well, the EPA advises that you test it annually, especially if you see signs of trouble like corroded pipes, strange odors or discolored water. For more information on how to protect your private water source, visit

<http://water.epa.gov/drink/info/well/>.

The best protection for Americans when it comes to knowing what is in the water you drink, is to stay informed, be observant and get involved! Make sure you know the water quality standards and testing frequency of your local area. Review the annual consumer confidence report from your supplier and keep ap-

prised of potential threats by reading your state's Source Water Assessment report, available annually online.

If you are still concerned about health and safety from your drinking water, or your area experiences an unexpected local incident, such as a spill or treatment problem, then maybe you want to consider the alternative of bottled water. Many American's already use bottled water simply for its convenience and taste. However, bottled water is also an easy, convenient solution to dealing with poor local quality or as a short term alternative to public water supply due to an unforeseen incident.

For more information on drinking water, visit the EPA website at

<http://water.epa.gov/drink/>.

**WATER FACT:** Lack of water is the #1 trigger of daytime fatigue.

**[Click Here for More Water Facts](#)**

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We greatly welcome your feedback on the topics discussed in this month's *Water News Bulletin*.

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